

<b>DIVISION</b>	Social Science & Human Development
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The Human Services Department offers an academic and experiential study of the history, theory, development, and implementation of society's response to human need. Reflecting this varied and expanding field, Human Services courses are based on a synthesis of knowledge and methodologies of intervention at the individual, group, and community levels.

Courses in this department fulfill various needs: 1) an introduction to helping skills for students planning advanced degrees in social work, counseling, vocational rehabilitation, and related professions; 2) career preparation at the Associate Degree level; 3) career preparation at the Vocational Certificate level (Alcohol/Drug Studies, Career Specialist, Case Management in the Public Sector, Eating Disorders Studies, or Human Services); and 4) continuing education for professionals working in nursing, alcohol/drug counseling, or related clinical settings. Students planning to transfer to a four-year institution and major in human services or a related field should consult with a counselor regarding the transfer process and lower division requirements.

Most courses in Human Services can be applied toward Continuing Education Hours for Marriage and Family Therapists (MFT's and Licensed Clinical Social Workers (LCSW's), Provider Number PCE 2005, as well as for the CATS and CAS Credentials. Several courses also apply toward Continuing Education hours for Registered Nurses, Provider Number 01480.

### HUMAN SERVICES ASSOCIATE OF ARTS DEGREE

To graduate with a specialization in Human Services, students must complete 18 units in Human Services courses (excluding HUMSV 198) plus the general breadth requirements for the Associate Degree (total = 60 units)

### HUMAN SERVICES CERTIFICATES

#### ALCOHOL/DRUG STUDIES CERTIFICATE

This certificate is designed to provide students with career preparation at the vocational certificate level in the field of substance abuse intervention and counseling for those preparing for careers in alcohol/drug counselling or other related human or social services fields.

REQUIRED COURSES	UNITS
HUMSV 179 Legal/Ethical Issues in Human Services	3
HUMSV 181 Alcohol/Drug Studies: Introduction	3
HUMSV 182 Alcohol/Drug: Program Modalities	3
HUMSV 186 Alcohol/Drugs in the Family	3
HUMSV 188 Alcohol/Drugs: Medical Aspects	3
HUMSV 190 Drugs: Use and Abuse	3

<b>Take one of the following three courses</b>		<b>3</b>
HUMSV 170	Introduction to Human Services	3
or		
HUMSV 189	Alcohol/Drug Prevention and Intervention	(3)
or		
PSYCH 132	Counseling Techniques	(3)

#### Required Field Work Courses

Prior to field work courses, students must complete HUMSV 181 plus nine other units in Human Services courses required for the certificate with a grade of C or better.

#### The following three courses are to be taken concurrently:

HUMSV 183	Alcohol/Drug: Counselling I	3
HUMSV 197A	Intern Seminar I	1
HUMSV 198A	Alcohol/Drug: Field Work I	2

#### The following three courses are to be taken concurrently:

HUMSV 184	Alcohol/Drug: Counselling II	3
HUMSV 197B	Intern Seminar II	1
HUMSV 198B	Alcohol/Drug: Field Work II	2

#### REQUIRED GENERAL EDUCATION COURSE UNITS

ENGL 015	Preparation for College Writing	4
or		
ENGL 101	Freshman Composition	(4)
PSYCH 100	General Psychology	3
SOC 100	Introduction to Sociology	3
SPEECH 100	Elements of Public Speaking	3

#### RECOMMENDED COURSE UNIT

HUMSV 205	AIDS: Practices, Processes, and Policy	(2)
<b>TOTAL UNITS</b>		<b>46</b>

### CAREER SPECIALIST CERTIFICATE

This certificate is designed to provide students with career preparation at the vocational certificate level to prepare for entry-level employment in the field of career preparation and counseling.

#### REQUIRED COURSES UNITS

HUMSV 170	Introduction to Human Services	3
HUMSV 172	Group and Family Dynamics	3
HUMSV 173	Helping and Interpersonal Skills	3
HUMSV 207	Career Specialist	3
PSYCH 132	Counseling Techniques	3

#### REQUIRED FIELD COURSES UNITS

A minimum of four Human Services courses required for the certificate including HUMSV 207, should be completed prior to field work courses.

HUMSV 198E	Career Specialist Work Experience, and	2
HUMSV 195A or B	Human Services: Intern Seminar I or II	1

<b>REQUIRED GENERAL EDUCATION COURSES</b>		<b>UNITS</b>
ENGL 015	Preparation for College Writing OR	4
ENGL 101	Freshman Composition	(4)
PSYCH 100	General Psychology	3
SOC 100	Introduction to Sociology	3
SPEECH 100	Elements of Public Speaking	3
<b>TOTAL UNITS</b>		<b>31</b>

### CASE MANAGEMENT IN THE PUBLIC SECTOR CERTIFICATE

This certificate is designed to prepare students for entry-level employment in case management in public social services setting, including the fundamentals of organizational structure, funding, evaluation, assessment and referral, employment services, and career paths.

<b>REQUIRED COURSES</b>		<b>UNITS</b>
HUMSV 140	Case Management in Public Service	3
HUMSV 167	Crisis Intervention, Assessment, Referral	3
HUMSV 170	Introduction to Human Services	3
HUMSV 173	Helping and Interpersonal Skills	3

### REQUIRED FIELD COURSES

A minimum of four Human Services courses required for the certificate including HUMSV 207, should be completed prior to field work courses.

HUMSV 198F	Case Management Work Experience	2
HUMSV 195A or B	Human Services: Intern Seminar I or II	1

<b>REQUIRED GENERAL EDUCATION COURSES</b>		<b>UNITS</b>
ENGL 015	Preparation for College Writing OR	4
ENGL 101	Freshman Composition	(4)
CIT 100	Introduction to Personal Computers	3
PSYCH 100	General Psychology	3
SPEECH 111	Interpersonal Communication	3
SPEECH 174	Intercultural Communication	3
<b>TOTAL UNITS</b>		<b>31</b>

### EATING DISORDERS STUDIES CERTIFICATE

This certificate is designed to provide students with career preparation at the vocational certificate level to prepare them for entry-level employment in the field of eating disorders intervention, counseling and treatment.

<b>REQUIRED COURSES</b>		<b>UNITS</b>
HUMSV 170	Introduction to Human Services	3
HUMSV 172	Group and Family Dynamics	3
HUMSV 173	Helping and Interpersonal Skills	3
HUMSV 175	Introduction to Eating Disorders	3
HUMSV 176	Treatment Modalities for Eating Disorders	3
HUMSV 178	Medical Aspects of Eating Disorders	3

<b>REQUIRED FIELD COURSES</b>		<b>UNITS</b>
A minimum of four Human Services courses required for the certificate should be completed prior to field work courses.		
HUMSV 198G	Eating Disorders Work Experience	2
HUMSV 195A/B	Human Services: Intern Seminar I or II	1

<b>REQUIRED GENERAL EDUCATION COURSES</b>		<b>UNITS</b>
ENGL 015	Preparation for College Writing OR	4
ENGL 101	Freshman Composition	(4)
FCS 162	Nutrition	3
PSYCH 100	General Psychology	3
PSYCH 110	Abnormal Psychology	3
SOC 100	Introduction to Sociology	3
SPEECH 100	Elements of Public Speaking	3
<b>TOTAL UNITS</b>		<b>40</b>

### HUMAN SERVICES CERTIFICATE

This certificate is designed to prepare students for entry-level employment in human services by providing them with fundamental, vocational-certificate level knowledge of the methodologies of intervention at the individual, group, and community levels.

### REQUIRED COURSES

HUMSV 170	Introduction to Human Services	3
HUMSV 172	Group and Family Dynamics	3
HUMSV 173	Helping and Interpersonal Skills	3
HUMSV 179	Legal/Ethical Issues in Human Services	3
PSYCH 132	Counseling Techniques	3
SOC 110	Contemporary Social Issues OR	3
SOC 141	Race & Ethnic Relations AND	(3)
<b>Six other units of Human Services courses</b>		<b>6</b>

### REQUIRED FIELD COURSES

A minimum of four Human Services courses required for the certificate should be completed prior to field work courses.

#### The following courses are to be taken together

HUMSV 195A	Human Services: Intern Seminar I	1
HUMSV 198C	Human Services Certificate Work Experience I	1

#### The following courses are to be taken together

HUMSV 195B	Human Services: Intern Seminar II	1
HUMSV 198D	Human Services Certificate Work Experience II	2

<b>REQUIRED GENERAL EDUCATION COURSES</b>		<b>UNITS</b>
ENGL 015	Preparation for College Writing	4
or		
ENGL 101	Freshman Composition	(4)
PSYCH 100	General Psychology	3
SOC 100	Introduction to Sociology	3
<b>TOTAL UNITS</b>		<b>40</b>